



4 ELEMENTS MARTIAL ARTS AFTER SCHOOL PROGRAM



At 4 Elements Martial Arts, we pride ourselves on the development of the children we teach. Do you struggle to keep your kids active and away from their phone and I-pad, or glued to the TV? No couch potatoes here!

We keep kids active and engaged with an assortment of martial arts related games and activities. They will be learning and having so much fun that they won't miss their electronic devices. Watch their confidence, focus and self-control grow!

#H110 - 805 Boyd St, New Westinster, BC
info@4elementsma.com
(604) 520-3314

Direct School Pick-Up

Children are picked up directly from the following schools:

Queen Elizabeth Community School
Queensborough Middle School
Hamilton Elementary School

Homework and Reading Time

Time is set aside daily where we encourage children to read or start on their homework. Students enjoy a home-provided snack before they participate in age-specific Taekwondo training.

Daily Taekwondo Practice

Consistent training promotes continued growth and encourages them be the best version of themselves mentally and physically. Daily training also fast-tracks their journey to become a black belt!

Important Life Skills

We build children's self-esteem and self-confidence while providing skills and tools to assist them in overcoming peer pressure and bullying. Our Martial Arts curriculum helps increase focus and concentration while teaching them to set and achieve goals.

Fun!

Children are fully supervised in a safe and fun environment. They participate in team building games and activities that encourage them to think outside the box!

Pro-D Days, Early Dismissals, Spring Break, and Summer Camps are not included in this program.

Choose the number of days per week that best suit your family's schedule. Program is offered for 2-5 days weekly enrollment.

Kids enrolled in the our Taekwondo After School Program qualify for discounts off our Pro-D day, and Spring & Summer Camps!

Please contact us for prices or to set up a free intro!



This program is not a daycare and does not provide babysitting services of any kind. Our program is first and foremost dedicated to providing quality Taekwondo instruction along with building physical fitness and character development.